



## **DIABESITY IN RENAL TRANSPLANTATION**

CME course of the DIABESITY and DECARTES working groups

Sitges, Barcelona, December 2 and 3, 2016

### **Day 1:**

8:30 Welcome-Introduction (Josep Cruzado -*Diabetesity*-, Daniel Abramowicz -*Descartes*-)

**LECTURE: “Allograft survival in 2016: the role of metabolic factors”**  
(Josep Maria Grinyo, Barcelona)

**ROUND TABLE:** Obesity, Metabolic Syndrome and Post-Transplant Diabetes Mellitus

(Chair: Daniel Abramowicz )

9:30 Metabolic Syndrome and obesity after transplantation. (Aiko de Vries, Leiden)

9:50 Clinical evolution of PTDM (Armando Torres, Tenerife)

10:10 Discussion.

10:40 *Coffee Break*

**RISK FACTORS FOR PTDM.** (Chair: Aiko de Vries, Leiden)

11:30 Non pharmacological (Umberto Maggiore, Parma)

12:00 Pharmacological, steroids, CNIs and mTOR (Julio Pascual -Barcelona)

**12:30 Lunch**

**PATHOGENESIS.** (Chair: Armando Torres)

14.30 Pathogenesis of PTDM, towards a unifying hypothesis. (Esteban Porrini, Tenerife)

**ROUND TABLE: CLINICAL IMPLICATIONS OF OBESITY AND PTDM.**  
(Chair: Francesc Moreso, Barcelona)

15.00 Diagnostic tools: OGTT, when and how frequent? (to be confirmed, Germany)

15:20 PTDM, a risk factor cardiovascular disease? (Trond Jensen, Oslo)

16:40 Obesity after renal transplantation (Josep Maria Cruzado, Barcelona)

**17:10 Coffee Break**

17.30. ABSTRACT SESSION

**Day 2:**

9:00 *LECTURE*: “**Cardiovascular disease after transplantation**” (Hans de Fijter -Leiden)

ROUND TABLE: Lessons from type 2 diabetes (Chair: Alberto Martínez Castela -Spain)

9:45 Pathogenesis of type 2 diabetes, new concepts. (Francoise Carlotti -The Netherlands)

9:55 Therapy of type 2 diabetes, are they useful in PTDM? (Drazenka Pongrac -Slovenia)

Discussion.

*10:40 Coffee Break*

**THERAPY AND PREVENTION OF PTDM.** (Chair: Josep Maria Cruzado)

11:30 Multicentric Spanish trial (Armando Torres)

11:50 Reverse Trial (Martin Wissing, Germany)

12:10 DPP-4 inhibitors and Incretin Mimetics (Mads Hornum -Denmark)

12:30 Any place for metformin? (Aiko De Vries, Leiden)

13:00 Preventive treatment with insulin (to be confirmed)

Concluding remarks: Esteban Porrini (Diabesity) and Julio Pascual (Descartes)

*13:00 Lunch*